

The Reliable One®

make your mark IN THIRTY DAYS

Follow our conservation calendar and LEARN TIPS AND TRICKS ABOUT CONSERVATION						
			1	2	3	4
			Each degree above 78 during summer and below 68 during winter saves between 6% and 8% on your cooling or heating bill.	Keep your central A/C unit set to auto, so the fan isn't constantly turning.	Determine your home's energy use and areas for improvement. Get started with a free online or in-home energy audit from OUC.	Use ceiling fans to make rooms feel cooler. Make sure they're turning counter clockwise, but don't forget to turn them off when the room is empty.
5	6	7	8	9	10	11
Install a smart thermostat, and you can save about \$180 every year in energy costs.	Instead of just turning your electronics off, unplug them. Even when they're "off," they still draw electricity from the outlet.	Caulk and place weather strips around leaky windows and doors.	Test your shower head. If it fills a one-gallon bucket in less than 20 seconds, replace it with a low-flow shower head.	Set your water heater to 120°F. Lowering the thermostat by 10°F can save you 3%–5% in energy costs.	Clean the coils behind or underneath your refrigerator every 6 months to keep it running efficiently.	Properly seal ducts. An average duct system loses 10 to 40% of cool air or heat through gaps in the duct joints.
12	13	14	15	16	17	18
Clear your dryer vent regularly to prevent fires and improve efficiency.	A home needs shade, too. Block out heat by keeping blinds or curtains closed during the day, especially on windows that face east or west.	Replace your toilet with a low flow model that uses less than 1.3 gallons per flush. It can reduce indoor water usage up to 20%!	Maintenance matters. Plan to change or clean your air filter monthly. Set this day as your monthly reminder.	When you shop for a new appliance, look for the ENERGY STAR® label.	Showers account for two-thirds of your water heating costs. Cut your showers in half and reduce your water heating costs by 33%.	Energy-efficient windows can help minimize your heating, cooling and lighting costs. The added benefits of comfort and savings is worth it.
19	20	21	22	23	24	25
Use the air-dry setting instead of heat-dry on your dishwasher to save at least 15% on energy costs.	To prevent from over watering your lawn, use a kitchen timer as a reminder to turn off the sprinkler system.	View OUC's conservation videos for easy "do-it-yourself" energy solutions for your home. www.ouc.com/waystosave	Fix leaky faucets. One drop per second can add up to 165 gallons a month—that's more than one person uses in two weeks.	Make an investment. Add 6 inches of insulation to an attic and reap substantial energy savings.	Installing a storm door can increase energy efficiency by 45% by sealing drafts and reducing air flow.	Plant trees or shrubs to shade your air conditioning unit. A unit operating in the shade uses 10% less electricity than the same one operating in the sun.
26	27	28	29	30	Post this sheet on your refrigerator or use as your desktop. It will be a reminder of the small steps you can take each day to conserve energy and save money.	
Did you know that it costs nearly 7 times	Ceiling fans make you feel 3-4 degrees cooler, meaning you can raise your thermostat and still feel fine.	Water heating can account for 14%-25% of the energy consumed in your home. Wash your clothes in cold water and save.	Wash only full loads in dishwashers and clothing washers. Using hot water can add about 90 percent to the cost of each load, so consider using cold water.	Install solar-powered lights along your outdoor walkways. You'll be safer, and there's no wiring or electricity costs involved!		
as much to dry your clothes as it does					Visit OUC.com to learn more about energy conservation and to find more tips.	
to wash them?					www.ouc.com	